

Danielle Nicholas, M.Ed.

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PROFESSIONAL AND TEACHING EXPERIENCE

Carroll College

Adjunct Faculty, Healthcare Leadership Program

Helena, MT
Fall 2020-present

- Created mindfulness curriculum for executive education program
- Facilitated experiences for local healthcare managers exploring mindfulness as a component of effective leadership
- Collaborated with program director for delivery in an online format

Montana State University

Adjunct Faculty, Gallatin College

Bozeman, MT
Spring 2009 - present

- Developed and piloted first science and practice of secular mindfulness class at the university
- Guides students in forms of everyday mindfulness and formal practice
- Creates a classroom environment for sharing and exploration

Adjunct Faculty, University Studies

- Facilitates analytical, critical, and creative thinking in student writing and oral communication
- Engages first-year students through interactive and dynamic pedagogy in a seminar format
- Collaborates within the university system to promote student success

Co-curricular and Wellness Instructor

- Certified Koru Mindfulness Teacher, Office of Health Advancement
- University Studies, Faculty Mindfulness Trainer
- Beginning Yoga ACT 150, College of Health and Human Development
- Yoga Meditation ACT 234, College of Health and Human Development
- MSU Leadership Summit, Guest Teacher
- NIRSA Regional Conference, Presenter “Mindfulness for College Students”
- Contemplative Pedagogy Faculty Learning Community

Education Specialist, Thermal Biology Institute

- Assisted program manager with all aspects of courses (LRES 557 and BIO 580/CHMY 591) as part of the Masters of Science in Science Education program including curriculum development and instruction
- Wrote lesson plans for online curriculum collection
- Conducted outreach activities with local school groups

Crazy Mountain Grassfed Beef, LLC

Founder and Manager

Bozeman, MT
November 2009-December 2014

- Managed all aspects of supply chain: transporting cattle, overseeing processing and storage, and distributing product to markets and/or end consumer
- Secured new niche markets and dramatically increased annual sales
- Developed and implemented marketing strategy through events, print media, and social networking
- Maintained excellent customer relations through personal communication and timely information dissemination
- Oversaw and mentored interns

Department of Interior- National Park Service

Education Specialist

Yellowstone National Park, WY
October 2004-July 2008

- Organized immersion camps as a project leader for Cross Cultural Exchange (CCE) program

- Oversaw relationships with public, private, and tribal stakeholders during all aspects of CCE program development
- Wrote grant reports to Yellowstone Park Foundation discussing results of CCE program
- Developed award-winning Young Scientist program based on current theories of science education
- Collaborated with exhibit designers of the Old Faithful Visitor Education Center to ensure Young Scientist exhibits contain key scientific concepts
- Designed and instructed graduate level teacher workshops in conjunction with the Yellowstone Association

FORMAL EDUCATION

University of Oregon

Master of Education: Educational Leadership with Teacher Certification Biology 6th-12th grades
 Capstone: Teaching Inquiry in the Sciences and Problem-Solving in Mathematics

Eugene, OR
 August 2004

Brown University

Bachelor of Arts: Religious Studies, *Secondary Focus*: Environmental Sciences

Providence, RI
 December 1999

Antioch University

Buddhist Studies Program

Bodh Gaya, India
 Fall 1996

SELECTED MINDFULNESS and YOGA TRAINING

Somatic Experiencing (SE) Practitioner Training, *SE International*, currently enrolled
500 hour Advanced Hatha Teacher Training, *Soul of Yoga*, Feb 2022
Koru Mindfulness Teacher Training, *Center for Koru Mindfulness*, Spring 2020
Mindfulness Based Stress Reduction, *UC San Diego Center for Mindfulness*, Spring 2020
Mindful Educator Essentials, *Mindful Schools*, Nov 2018
Mindful Self-Compassion, *with Suzanne Colon and Sue Daniels*, Oct 2018
Dynamic Neural Retraining Systems, January 2018
200 hour Hatha Teacher Training, *Soul of Yoga*, May 2017

Bozeman, MT
 Encinitas, CA
 Durham, NC
 San Diego, CA
 Oakland, CA
 Bozeman, MT
 Ojai, CA
 Encinitas, CA

HONORS, AWARDS, and PUBLICATIONS

- “Terroir of Beef”, 2014. *Zone 4 Magazine* (now *Rocky Mountain Gardening*) Winter 2014. Vol. 24: 34-39.
- Fellow, Enviropreneur Institute, Property and Environment Research Center, Bozeman, MT (2013)
- Shooting Star Grant recipient, Montana Business and Professional Women (2013)
- First place, National Association of Interpretation Media Awards “Trail Booklet” category (2008)
- “Take it Outside.” 2008. *Science Scope* 32 (2): 16-19.
- Freeman Tilden Award for Excellence in Interpretation top three in Intermountain Region (2007)

SELECTED PROFESSIONAL and COMMUNITY DEVELOPMENT

- Board of Directors, Montana Mindfulness Project (2021-present)
- Member, Association for Contemplative Mind in Higher Education (2018-present)
- Alumni Interviewer, Brown University (2012-Present), State Chair (2013-2017)
- Intermediate Language Skills in Spanish